

Ascutney Union Church Food Cupboard

5243 Route 5
Ascutney, VT 05030

Serving residents of Ascutney,
Weathersfield, Amsden, Perkinsville,
Greenbush, Weathersfield Center/Bow
and Windsor. 674-2484

www.ascutneyunionchurch.org

Great Falls Community Kitchen

20 Church Street
Bellows Falls, VT 05101
603.835.6762

Our Place Drop-In Center

4 Island Street
Bellows Falls, VT 05101
463.2217

www.ourplacevermont.org

Chester-Andover Family Center

908 Route 103
South Chester, Vermont 05143
875-3236

www.chester-andoverfamilycenter.org

Black River Good Neighbors

37B Main Street
Ludlow, VT 05149
228.3663

www.brgn.org

Reading-West Windsor Food Shelf

3456 Tyson Road
South Reading, VT 05153
484.7250

www.rwwfoodshelf.org

Weathersfield Food Shelf

4261 Route 106 (old Perkinsville
Elementary School)
Perkinsville, VT 05151
674-2626

Springfield Family Center

Serving residents of Springfield, North
Springfield, and Baltimore

365 Summer Street
Springfield, VT 05156
885.3646

www.springfieldfamilycenter.com/services

**Trinity Evangelical Free Church
Community Food Shelf**

44 North Main Street
Windsor, VT 05089
674-6781

www.trinitywindsor.com/food-shelf

Upper Valley Haven

713 Hartford Avenue
White River Junction
295-6500

www.uppervalleyhaven.org

Most information from Vermont
Foodbank, www.vtfoodbank.org

Helpful Items for Food Pantries

Want to help a local food pantry restock its shelves? Shelter managers suggest the following food items:

- canned meat and fish
- coffee, tea
- dried fruit
- dry beans
- flour, pancake and baking mixes
- honey, sugar
- hot or cold cereals
- juice
- macaroni and cheese, pasta, rice
- nuts
- peanut butter, jelly
- soup
- spices

Many pantries also welcome personal hygiene items, including:

- combs, shampoo
- deodorant
- laundry detergent
- soap
- tissues
- toilet paper
- toothbrushes and toothpaste

Some also collect food for dogs and cats.